

Salvo Russo

presents

BODY PERCUSSION & MUSICAL TRAINING



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www.salvo-russo.com - www.suonoesenso.it

The idea of playing with music using body sounds and voice is at the center of the didactic experience directed by **Salvo Russo** and destined for school teachers of every order and degree who would like to explore and re-know their body as MSI (Music Sound Identity), which is constantly manifested in relational dynamics with our inner and outer world.

The idea of a return to the primitiveness of the gesture, understood in its wider and more complex meaning, leads to a world so "unexplored" but at the same time so "ours" where expression, communication and creativity are the fundamental elements that characterize an exciting journey: from Sound gestures to Body Percussion.

**Suono
Senso**
Associazione culturale

Via Naz. delle Puglie 130/G, 80038 Pomigliano d'Arco (Na)- ITALY - P. IVA 07311251214
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- **Sound gestures** with which I mean the whole library of gestures that produce sound on the body, a kind of archive containing all the possible sounds that can be discovered and experienced from head to feet, including the effects that are produced by the use of voice.

- **Body Percussion** which deals with all those functional concatenations of sound gestures, micro and macro structures, polytimbric and polyrhythmic, expressing a rhythmic / musical meaning, perhaps self-contained and complete. A kind of "rhythmic way of a body" that re-sounds as the first instrument.



Sound, movement, space and time will draw the scene of a global game, a creative and re-creative game that will pursue theatricality of music, which will build situations where the rhythm, assumed to be the protagonist, will be represented, made visible, able to create abstract paintings or tell stories. The experience with the body will be a complete and exciting music experience for a music that will not only be listened but also to look at and especially to LIVE !!!



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DIDACTIC PROGRAMMING

The didactic programming involves exploring all parts of the body as the most natural and rich musical instrument: Body percussion is centered on the technical-didactic aspects of rhythm, a kind of training based on a global approach combining word and body, sound gestures from the most diverse timbral qualities and activities of improvisation, creativity, play, composition, dramatization and performance.



Our feet are not just plantar bases that allow us to walk; our hands are not just combinations of fingers and palms that allow us to grab and use objects; our mouth is not just an important organ through which we can talk or sing. Our body is a mechanical structure able to producing an infinite series of sounds and noises. Is a rich, complex, wonderful musical instrument we all have, which we will try to explore, know, experiment and harmonize through *Tens & Relax* games.

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- Body Percussion → Feeling the Rhythm → Body Percussion Literacy
- Body Percussion → Exploration → Improvisation
- Body Percussion → Sound gestures
- Body Percussion → Imitation → Execution
- Body Percussion → Composition
- Body Percussion → Rhythmic-motor choreography
- Body Percussion → Rhythms to accompany a melody
- Body Percussion → Game → Dramatization → Socialization → Relationship
- Body Percussion → Final Performance



OBJECTIVES AND FINALITY

- Incentivation and harmonization of movement and body expression
- Harmonization of movement and "body instrument" through musical parameters
- Development of personality and its potential expressive
- Acquiring self-confidence and manifestation of one's own self
- Development of creativity and socialization capacity
- Enhancement of observation, analysis, comparison and synthesis skills

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